

GOYT VALLEY STRIDERS



INTERIM SEPTEMBER NEWSLETTER

INTRODUCTION

This is an interim newsletter detailing important information about the following up and coming events:

Camping Barn – booked for The Lakes

FRA Relay – team entered for October

Winter Series – small championship event

Club Championship – ongoing

Next Committee Meeting

High Peak 40 Checkpoint

NEXT MEETING

COMMITTEE MEMBERS PLEASE NOTE

Next Meeting at 8.00pm Monday 11th September 8.00pm at the Shady Oak.

CAMPING BARN

Following our unsuccessful attempt to book a Barn last year we decided to have a go again.

Mill House Barn has been booked for Friday 6th October through until Sunday morning 8th October.

The idea is to meet Friday, either late afternoon or early evening and go for a short run. Anybody unable to make it on Friday can join us Saturday.

On Saturday do a long route around the surrounding area (alternatively if anybody wishes to pre-enter, The Langdale Horseshoe Fell Race is on).

Sunday, vacate Barn in morning and either do another route in the Lakes or somewhere on the way back home.

The facilities are very limited and you will need a sleeping bag, warm clothes etc etc.

This is what the official blurb says:-

Mill House Barn

On a large working farm, in a secluded valley 1 mile from the thriving village of Gosforth, this barn is an ideal base for exploring the western fells close to Wastwater and Scarfell Pike. It is also just 4 miles from the BNFL Visitor Centre. Sleeping accommodation is on the ground floor. Facilities include a cooking slab, electric light, a metered power point, and a gas heater available for hire. The Toilet, and hot and cold water supplies are adjacent to the barn. Breakfast is bookable in advance.

The barn accommodates 12 people and is strictly limited to that. The nearest pub is only ½ a mile away and the nearest shop only ¼ mile away.

The charge is only £5.00 for the two nights.

If you are interested then you need to act quickly.

Please contact me as soon as possible and let me know.
Places will be allocated on a first come first served basis.

Those not wanting to run can of course do their own thing i.e.
walking, cycling or even shopping!

REMEMEBR ACT QUICKLY AND LET ME KNOW.

Details about the Langdale Horseshoe Fell Race can be found
in the fell calendar.

WINTER SERIES

Has your summer training taken a knock? Are you looking for a goal this winter? Did you start late and miss the early part of the season?

If you can answer yes to any of the above, or indeed just enjoy racing, then you will be interested in the Goyt Valley Winter Series.

This is a separate series to run alongside the Club Championship, but will carry its own prize. Run under the same point scoring system you will have to complete all of the races to count. The races in question are:

September 17th Passing Clouds Fell Race 10:30am 9m/1800'

November 4th Langley 7 Road Race (time to be confirmed)

December 17th Christmas Cracker 11:00am 10K

CLUB CHAMPIONSHIP

	1	2	3	4	5	6	7	8	9	Total
Mike Jones	20		19							39
Mark Whelan	19	20	20	19				18		96
Pete Hill	18	19		17		16				70
Andy Jones	17	16	18	18		18				87
Steve Hennessey		18	16			19				53
Brian Lander		17	17		18	17	18			87
Mike Hudson			15	20	19	20	20	20	19	113
Mark Hudson			15		20		19			44
Eddie Clitheroe		15			17					32
Sue Stafford							17			17
Ralph Longden							16			16
Simon Hunter								20		20
Nick Gamble						15				15

1. Helsby
2. Tiger Tor

3. Grindleford Galloop

4. Tigers 10

5. Castleton

6. Tideswell

7. Dorma 5

8. Goyts Moss

9. Craken Edge

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