

## Championship Rules

The club runs 2 championships, a main championship which runs all year and a summer fell championship which runs just during the summer months. The formats and rules for these are as follows.

### Main Championship

The main championship consists of 18 races which take place throughout the year. The races will be on a variety of surfaces, road, trail and fell, and over a number of distances which are classified as short (5 miles and under), medium (between 5 and 10 miles) and long (over 10 miles). To clarify these distance categories, a race of exactly 5 miles is short and a race of exactly 10 miles is medium.

The championship is split into a number of categories. These are Men's Overall, Men's V40, Men's V50, Women's Overall, Women's V40 and Women's V50. Everyone who enters the championship is entered into the overall championship. In order to be entered into an age category as well you need to be that age before the start of the championship year. For example, someone who turns 40 on 1<sup>st</sup> January will only be entered into the main championship in the year they turn 40.

In any race, the first Strider home scores 60 points, the second scores 59, the third scores 58 and so on. If there is a tie then both runners will get the same score.

Chip times will be used to determine places whenever chip timing is available.

Some races might be time trials. These races will be run over the same course on a given number of days. All runners may enter a time trial as many times as they like and their best time will be used to determine their place.

To qualify for entry into the championship it is necessary to complete at least one race on each surface and at least one race of each distance. Hence the minimum number of races required to enter the championship is 3. For example, if someone completes a short road race, a medium trail race and a long fell race then they would have completed all of the required categories.

Everyone's best 8 scores count towards their final championship placing, subject to completing all of the required categories.

## Summer Fell Championship

The summer fell championship takes place on midweek evenings during the summer months. The championship consists of 9 races and your best 5 scores count to your final place. As with the main championship, the first strider in scores 60 points, the second scores 59 and so on. The championship is split into male and female categories, but there are no age categories for the summer fell championship.

## Championship Decisions

This is a summary of decisions which have been made about the Club Championships and which are outside of the normal Championship rules.

The basic championship rules can be found on the club website here:

<http://goytvalleystriders.org.uk/pages/champ.html>.

### Decision about points for racers who DNF

This issue was raised following the Langsett Trail race in March where Mary took an inadvertent short cut due to poor route marking and ended up with a DNF as a result.

We discussed it at the committee meeting yesterday. The general consensus was that runners need to take responsibility for themselves during races. Hence we agreed the following:

Any DNF, regardless of reason will result in no championship points being awarded.

This includes if the race organisers fail to notice a discrepancy but fellow GVS runners do – e.g. unintentional shortcut.

This also includes if runners fail to finish inside the race cutoff time if there is one.

Similarly any disqualification e.g. due to kit failure, will result in no points being awarded.

If there is a major race issue acknowledged by the race directors which lead to a later change in finishing places, the changed official places will be used to award championship points.

Hopefully this will ensure that there is no confusion around this issue going forward.

This decision does go against some precedents which have been set in the past - e.g. Raj at Chunal a few years ago and Mary and Claire at Kentmere last year. We felt it was necessary to have a simple, consistent ruling about this and so these previous decisions will not be considered as having any bearing on any future decisions.