

MANCHESTER AREA CROSS COUNTRY LEAGUE
2017/2018 TEAM POINTS & POSITIONS
MATCH FIVE – WYTHENSHAW PARK – 10 FEBRUARY 2018

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UNDER 11 GIRLS

GIRLS UNDER 11 – 3 to score – max points 12* [best three from four to count]						
1	STOCKPORT HARRIERS & AC	<i>1</i>	<i>2</i>	<i>7</i>	10	12
2	SALE HARRIERS MANCHESTER AC	<i>3</i>	<i>6</i>	<i>12</i>	21	11
3	SALFORD HARRIERS & AC	<i>4</i>	<i>5</i>	<i>17</i>	26	10
4	WARRINGTON AC	<i>9</i>	<i>22</i>	<i>34</i>	65	9
5	EAST CHESHIRE H & TAMESIDE AC	<i>11</i>	<i>28</i>	<i>38</i>	77	8
6	MACCLESFIELD HARRIERS & AC	<i>14</i>	<i>35</i>	<i>45</i>	94	7
7	ALTRINCHAM & DISTRICT AC	<i>21</i>	<i>36</i>	<i>41</i>	98	6
8	SALFORD METROPOLITAN AC	<i>23</i>	<i>37</i>	<i>40</i>	100	5
9	LIVERPOOL HARRIERS & AC	<i>27</i>	<i>32</i>	<i>44</i>	103	4
10	VALE ROYAL AC	<i>29</i>	<i>39</i>	<i>46</i>	114	3

**pts increased from 9.*

GIRLS UNDER 11 – B TEAM – for interest only						
	STOCKPORT HARRIERS & AC – B	<i>8</i>	<i>10</i>	<i>15</i>	33	
	SALE HARRIERS MANCHESTER AC – B	<i>13</i>	<i>18</i>	<i>19</i>	50	
	SALE HARRIERS MANCHESTER AC – C	<i>26</i>	<i>30</i>	<i>33</i>	89	
	VALE ROYAL AC – B	<i>47</i>	<i>50</i>	<i>55</i>	152	
	SALE HARRIERS MANCHESTER AC – D	<i>48</i>	<i>56</i>	<i>62</i>	166	
	VALE ROYAL AC – C	<i>57</i>	<i>59</i>	<i>63</i>	179	

UNDER 11 BOYS

BOYS UNDER 11 – 3 to score – max points 10* [best three from four to count]						
1	STOCKPORT HARRIERS & AC	<i>1</i>	<i>3</i>	<i>4</i>	8	10
2	MACCLESFIELD HARRIERS & AC	<i>6</i>	<i>9</i>	<i>13</i>	28	9
3	SALE HARRIERS MANCHESTER AC	<i>5</i>	<i>8</i>	<i>17</i>	30	8
4	TRAFFORD AC	<i>12</i>	<i>16</i>	<i>19</i>	47	7
5	EAST CHESHIRE H & TAMESIDE AC	<i>2</i>	<i>21</i>	<i>28</i>	51	6
6	SALFORD HARRIERS & AC	<i>18</i>	<i>20</i>	<i>33</i>	71	5
7	VALE ROYAL AC	<i>22</i>	<i>25</i>	<i>27</i>	74	4

**points increased from 11*

BOYS UNDER 11 – B TEAMS – for interest only						
	STOCKPORT HARRIERS & AC – B	<i>7</i>	<i>10</i>	<i>39</i>	56	
	SALE HARRIERS MANCHESTER – B	<i>24</i>	<i>26</i>	<i>29</i>	79	
	SALE HARRIERS MANCHESTER – C	<i>32</i>	<i>40</i>	<i>51</i>	123	
	VALE ROYAL AC – B	<i>36</i>	<i>42</i>	<i>46</i>	124	

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UNDER 13 GIRLS

GIRLS UNDER 13 – 3 to score – max points 11 [best four from five to count]						
1	LIVERPOOL HARRIERS & AC	3	6	13	22	11
2	SALE HARRIERS MANCHESTER & AC	4	11	15	30	10
3	TRAFFORD AC	8	12	19	39	9
4	EAST CHESHIRE HARRIERS & TAMESIDE AC	5	9	28	42	8
5	SALFORD HARRIERS & AC	7	14	23	44	7
6	WARRINGTON AC	2	18	29	49	6
7	STOCKPORT HARRIERS & AC	1	24	26	51	5
8	ST HELENS SUTTON AC	56	59	63	178	4

GIRLS UNDER 13 – B & C TEAMS – for interest only						
	LIVERPOOL HARRIERS & AC – B	16	22	27	65	
	LIVERPOOL HARRIERS & AC – C	32	39	40	111	
	WARRINGTON AC – B	31	35	51	117	
	TRAFFORD AC – B	34	41	45	120	
	SALFORD HARRIERS & AC – B	36	42	44	122	
	EAST CHESHIRE HARRIERS & TAMESIDE AC – B	37	38	50	125	
	STOCKPORT HARRIERS & AC – B	30	53	58	141	
	TRAFFORD AC – C	62	67	68	197	

UNDER 13 BOYS

BOYS UNDER 13 – 3 to score - max points 10* [best four from five to count]						
1	STOCKPORT HARRIERS & AC	1	2	4	7	10
2	SALE HARRIERS MANCHESTER AC	3	7	8	18	9
3	MACCLESFIELD HARRIERS & AC	5	10	13	28	8
4	EAST CHESHIRE HARRIERS & TAMESIDE AC	23	24	30	77	7
5	VALE ROYAL AC	12	26	39	77	6
6	TRAFFORD AC	22	29	33	84	5
7	MANCHESTER HARRIERS & AC	31	34	35	100	4

**points increased from 8*

BOYS UNDER 13 – B & C TEAMS – for interest only						
	STOCKPORT HARRIERS & AC – B	9	16	25	50	
	SALE HARRIERS MANCHESTER AC – B	14	18	20	52	
	STOCKPORT HARRIERS & AC – C	36	40	41	117	

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UNDER 15 GIRLS

GIRLS UNDER 15 – 3 to score – max points 8 [best four from five to count]						
1	STOCKPORT HARRIERS & AC	2	3	8	13	8
2	SALE HARRIERS MANCHESTER AC	6	10	12	28	7
3	EAST CHESHIRE HARRIERS & AC	5	7	23	35	6
4	SALFORD HARRIERS & AC	11	32	33	76	5
5	OLDHAM & ROYTON HARRIERS & AC	25	27	34	86	4

GIRLS UNDER 15 – B & C TEAMS – for interest only						
	STOCKPORT HARRIERS & AC – B	9	14	19	42	
	STOCKPORT HARRIERS & AC – C	20	21	28	69	

UNDER 15 BOYS

BOYS UNDER 15 – 3 to score - max points 9* [best four from five to count]						
1	TRAFFORD AC	3	4	5	12	9
2	STOCKPORT HARRIERS & AC	7	10	14	31	8
3	ST HELENS SUTTON AC	8	17	25	50	7
4	SALFORD HARRIERS & AC	9	16	26	51	6

**points increased from 6 to 9 after Match 2*

BOYS UNDER 15 – B TEAMS – for interest only						
	STOCKPORT HARRIERS & AC – B	18	20	22	60	

UNDER 17 GIRLS

GIRLS UNDER 17 – 3 to score - maximum points 2* [best four from five to count]						
1	LIVERPOOL HARRIERS & AC	1	7	10	18	2

UNDER 17 BOYS

BOYS UNDER 17 – 3 to score - max points 7* [best four from five to count]						
1	TRAFFORD AC	1	2	7	10	7
2	WARRINGTON AC	3	4	8	15	6
3	SALFORD HARRIERS & AC	11	13	15	39	5
4	STOCKPORT HARRIERS & AC	5	17	18	40	4

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SENIOR WOMEN – DIVISION ONE

<i>4 to score - max points 10 [overall - best four from five to count]</i>							
1	UNIVERSITY OF MANCHESTER CCC	5	8	11	20	44	10
2	TRAFFORD AC	7	23	34	35	99	9
3	MANCHESTER TRIATHLON	18	25	29	42	114	8
4	SALFORD H & AC	2	4	49	59	114	7
5	CHORLTON RUNNERS	14	26	27	48	115	6
6	STOCKPORT H & AC	12	13	43	65	133	5
7	WILMSLOW RC	6	24	60	63	153	4
8	SALE H MANCHESTER AC	16	32	45	87	180	3
9	MACCLESFIELD H & AC	3	77	85	156	321	2
10	EAST CHESHIRE H & TAMESIDE AC	15	21	234	237	507	1

SENIOR WOMEN – DIVISION TWO

<i>4 to score - max points 11 [overall - best four from five to count]</i>							
1	WIRRAL AC	10	17	40	50	117	11
2	ALTRINCHAM & DISTRICT AC	9	58	61	82	210	10
3	MANCHESTER FRONTRUNNERS	19	52	71	73	215	9
4	SWINTON RC	31	51	55	91	228	8
5	VALE ROYAL AC	22	38	79	109	248	7
6	MANCHESTER YMCA HARRIERS	33	47	93	111	284	6
7	BRAMHALL RUNNERS	41	69	86	128	324	5
8	KNUTSFORD TRI CLUB	67	116	132	162	477	4
9	GOYT VALLEY STRIDERS	89	142	154	169	554	3
-	GLOSSOPDALE HARRIERS	-	-	-	-	-	-
-	BELLE VUE RACERS	-	-	-	-	-	-

SENIOR WOMEN – DIVISION THREE

<i>4 to score - max points 10 [overall - best 4 from 5 to count]</i>							
1	SALFORD METROPOLITAN AC	57	62	75	114	308	10
2	MIDDLETON HARRIERS AC	28	53	74	153	308	9
3	STOCKPORT TRI CLUB	46	121	122	126	415	8
4	BUXTON AC	105	117	125	191	538	7
5	MARPLE RUNNERS	99	107	170	172	548	6
6	MANCHESTER H & AC	36	129	203	215	583	5
7	ST HELENS TRI	94	149	176	180	599	4
8	WINSTON RUNNERS	120	213	223	235	791	3

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SENIOR WOMEN – B TEAMS

<i>4 to score - max points 19* [overall - best 4 from 5 to count]</i>							
1	CHORLTON RUNNERS – B	54	56	76	90	276	19
2	TRAFFORD AC – B	39	44	66	127	276	18
3	ALTRINCHAM & DISTRICT AC – B	84	101	103	108	396	17
4	MANCHESTER TRIATHLON – B	83	95	112	113	403	16
5	STOCKPORT HARRIERS & AC – B	70	97	137	146	450	15
6	MANCHESTER FRONTRUNNERS – B	88	104	131	144	467	14
7	SALE HARRIERS MANCHESTER AC – B	96	118	141	151	506	13
8	SWINTON RC – B	102	138	159	166	565	12
9	VALE ROYAL AC – B	123	134	139	244	640	11
10	SALFORD METROPOLITAN AC – B	155	161	163	175	654	10
11	BRAMHALL RUNNERS – B	140	173	196	226	735	9
12	MANCHESTER YMCA H – B	124	192	194	254	764	8
13	MARPLE RUNNERS – B	182	190	193	200	765	7
14	STOCKPORT TRI CLUB – B	174	177	211	224	786	6
15	MIDDLETON HARRIERS AC – B	165	199	208	220	792	5
<i>*pts increased from 11 at M2</i>							

SENIOR WOMEN – C PLUS TEAMS

<i>4 to score - max points 18* [overall - best 4 from 5 to count]</i>							
1	CHORLTON RUNNERS – C	92	106	110	157	465	18
2	MANCHESTER TRIATHLON – C	119	145	148	150	562	17
3	MANCHESTER TRIATHLON – D	158	167	178	179	682	16
4	SALE HARRIERS MANCHESTER AC – C	164	184	197	207	752	15
5	CHORLTON RUNNERS – D	181	188	195	204	768	14
6	MANCHESTER FRONTRUNNERS – C	171	201	214	228	814	13
7	MANCHESTER TRIATHLON – E	183	198	209	232	822	12
8	CHORLTON RUNNERS – E	218	219	221	222	880	11
9	MARPLE RUNNERS – C	210	233	236	242	921	10
10	MARPLE RUNNERS – D	249	250	251	252	1002	9
<i>*pts increased from 8 at M2</i>							

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VETERAN WOMEN – DIVISION ONE

<i>3 to score - maximum points 10 [best 4 from 5 to count]</i>						
1	WIRRAL AC	4	5	17	26	10
2	WILMSLOW RC	2	7	28	37	9
3	CHORLTON RUNNERS	8	9	21	38	8
4	TRAFFORD AC	14	15	16	45	7
5	ALTRINCHAM & DISTRICT AC	3	26	29	58	6
6	SWINTON RC	12	25	45	82	5
7	BRAMHALL RUNNERS	18	34	42	94	4
8	MANCHESTER TRIATHLON	19	40	48	107	3
9	SALE H MANCHESTER AC	13	49	67	129	2
10	SALFORD METROPOLITAN AC	30	96	100	226	1

VETERAN WOMEN – DIVISION TWO

<i>3 to score - maximum points 9 [best 4 from 5 to count]</i>						
1	MIDDLETON HARRIERS AC	10	24	37	71	9
2	MANCHESTER FRONTRUNNERS	23	35	36	94	8
3	VALE ROYAL AC	6	59	70	135	7
4	BUXTON AC	55	66	72	193	6
5	STOCKPORT HARRIERS & AC	50	81	89	220	5
6	BELLE VUE RACERS	64	90	134	288	4
7	MANCHESTER HARRIERS & AC	133	142	154	429	3
-	EAST CHESHIRE HARRIERS & TAMESIDE AC	-	-	-	-	-
-	MACCLESFIELD HARRIERS & AC	-	-	-	-	-

VETERAN WOMEN – DIVISION THREE

<i>3 to score - maximum points 11* [best 4 from 5 to count]</i>						
1	DRAGONS RC SALE	11	38	86	135	11
2	STOCKPORT TRI CLUB	20	68	69	157	10
3	KNUTSFORD TRI CLUB	33	65	76	174	9
4	MANCHESTER YMCA HARRIERS	46	61	71	178	8
5	ST HELENS TRI	47	92	112	251	7
6	MARPLE RUNNERS	57	107	109	273	6
7	GOYT VALLEY STRIDERS	85	95	106	286	5
8	WINSTON RUNNERS	140	148	159	447	4
<i>*pts increased from 8 from Match Two</i>						

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VETERAN WOMEN – B TEAMS

<i>3 to score - maximum points 17* [best 4 from 5 to count]</i>						
1	ALTRINCHAM & DISTRICT AC – B	39	52	54	145	17
2	CHORLTON RUNNERS – B	44	56	60	160	16
3	TRAFFORD AC – B	32	74	75	181	15
4	MANCHESTER TRIATHLON - B	62	63	88	213	14
5	WILMSLOW RC – B	31	77	119	227	13
6	SWINTON RC – B	53	82	99	234	12
7	MANCHESTER FRONTRUNNERS – B	43	87	108	238	11
8	STOCKPORT TRI CLUB – B	73	110	113	296	10
9	SALE HARRIERS MANCHESTER AC – B	93	101	129	323	9
10	VALE ROYAL AC – B	78	83	166	327	8
11	BRAMHALL RUNNERS – B	84	128	151	363	7
12	MARPLE RUNNERS – B	117	122	125	364	6
13	MIDDLETON HARRIERS AC – B	102	130	136	368	5
14	SALFORD METROPOLITAN AC	111	118	144	373	4
15	BUXTON AC – B	123	132	168	423	3
<i>*pts increased from 15 after Match Two, then to 17</i>						

VETERAN WOMEN – C PLUS TEAMS

<i>3 to score - maximum points 16* [best 4 from 5 to count]</i>						
1	MANCHESTER TRIATHLON – C	91	98	104	293	16
2	CHORLTON RUNNERS – C	97	116	127	340	15
3	MANCHESTER TRIATHLON – D	114	115	137	366	14
4	CHORLTON RUNNERS – D	145	147	150	442	13
5	MARPLE RUNNERS – C	131	157	160	448	12
6	MIDDLETON HARRIERS AC - C	146	152	162	460	11
7	MARPLE RUNNERS – D	170	171	172	513	10
<i>*points increased from 8 at M2</i>						

UNDER 20 WOMEN

UNDER 20 WOMEN – 3 to score – max points 1* [best four from five to count]						
	<i>No qualifying teams</i>					

UNDER 20 MEN

UNDER 20 MEN – 3 to score – max points 2* [best four from five to count]						
	<i>No qualifying teams</i>					
<i>*pts increased from 1</i>						

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SENIOR MEN – DIVISION ONE

<i>6 to score - maximum points 10 [best 4 from 5 to count]</i>									
1	CHORLTON RUNNERS	6	9	13	14	18	31	91	10
2	SALE H MANCHESTER AC	4	5	17	29	50	52	157	9
3	SALFORD HARRIERS & AC	11	16	21	34	51	68	201	8
4	STOCKPORT HARRIERS & AC	1	2	19	47	62	82	213	7
5	WILMSLOW RC	23	24	42	45	75	95	304	6
6	HORWICH RMI HARRIERS	3	8	12	44	57	187	311	5
7	TRAFFORD AC	22	27	30	71	103	143	396	4
8	ALTRINCHAM & DISTRICT AC	7	48	56	81	131	156	479	3
9	MANCHESTER TRIATHLON	64	99	119	166	191	205	844	2
10	MACCLESFIELD H & AC	26	91	192	200	247	325	1081	1

SENIOR MEN – DIVISION TWO

<i>6 to score - maximum points 10 [best 4 from 5 to count]</i>									
1	E CHESHIRE H&TAMESIDE AC	15	20	92	100	148	181	556	10
2	VALE ROYAL AC	108	110	115	123	134	138	728	9
3	BRAMHALL RUNNERS	59	97	124	141	153	157	731	8
4	MANCHESTER H & AC	43	160	198	212	214	220	1047	7
5	MANCHESTER YMCA H	25	80	167	252	314	344	1182	6
-	BELLE VUE RACERS	-	-	-	-	-	-	-	-
-	DRAGONS RC SALE	-	-	-	-	-	-	-	-
-	GLOSSOPDALE HARRIERS	-	-	-	-	-	-	-	-
-	MANCHESTER FRONTRUNNERS	-	-	-	-	-	-	-	-
-	UNIV OF MANCHESTER	-	-	-	-	-	-	-	-

SENIOR MEN – DIVISION THREE

<i>6 to score - maximum points 12* [best 4 from 5 to count]</i>									
1	BUXTON AC	10	37	96	120	146	151	560	12
2	SWINTON RC	58	78	93	142	145	165	681	11
3	ST HELENS TRI	70	94	112	121	128	194	719	10
4	WEST CHESHIRE AC	39	104	125	130	176	266	840	9
5	KNUTSFORD TRI CLUB	28	136	159	184	219	221	947	8
6	SALFORD METROPOLITAN AC	117	152	173	179	182	225	1028	7
7	GOYT VALLEY STRIDERS	109	147	172	277	287	301	1293	6
8	MIDDLETON HARRIERS AC	74	154	231	265	278	312	1314	5
9	STOCKPORT TRI CLUB	73	188	224	248	296	317	1346	4
10	MARPLE RUNNERS	180	190	243	268	272	297	1450	3
11	WINSTON RUNNERS	235	280	291	304	334	340	1784	2

**pts increased from 9 after Match Two*

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SENIOR MEN – B TEAMS

<i>6 to score – maximum points 16* [best 4 from 5 to count]</i>									
1	CHORLTON RUNNERS – B	38	40	41	49	53	55	276	16
2	SALE H MANCHESTER AC – B	61	65	69	76	86	89	446	15
3	SALFORD HARRIERS & AC – B	85	87	105	140	155	162	734	14
4	STOCKPORT H & AC – B	98	126	132	174	189	218	937	13
5	ALTRINCHAM & DISTRICT AC – B	168	169	186	204	222	227	1176	12
6	BRAMHALL RUNNERS – B	171	175	208	209	213	246	1222	11
7	WILMSLOW RC – B	113	163	183	202	242	354	1257	10
8	VALE ROYAL AC – B	144	158	215	233	274	292	1316	9
9	MANCHESTER TRIATHLON – B	211	216	217	230	240	269	1383	8
10	SALFORD MET AC – B	226	234	250	259	284	305	1558	7
11	MANCHESTER H & AC – B	238	245	290	307	315	336	1731	6
12	MARPLE RUNNERS – B	298	330	335	337	348	350	1998	5

**points decreased from 17 following club correction.*

SENIOR MEN – C PLUS TEAMS

<i>6 to score - maximum points 15* [best 4 from 5 to count]</i>									
1	CHORLTON RUNNERS – C	60	67	77	79	102	106	491	15
2	SALE H MANCHESTER AC – C	114	118	127	129	135	149	772	14
3	CHORLTON RUNNERS – D	116	122	133	139	170	185	865	13
4	CHORLTON RUNNERS – E	193	203	207	239	241	255	1338	12
5	SALE H MANCHESTER AC – D	199	201	223	254	256	271	1404	11
6	CHORLTON RUNNERS – F	275	279	286	316	318	319	1793	10
7	BRAMHALL RUNNERS – C	249	302	303	311	331	338	1834	9
8	MANCHESTER TRIATHLON – C	273	283	313	320	328	329	1846	8

**points increased from 10 after Match Two.*

VETERAN MEN – DIVISION ONE

<i>4 to score - max points 10 [best four from five to count]</i>								
1	SALFORD H & AC	2	3	8	21	34	10	
2	CHORLTON RUNNERS	7	11	16	19	53	9	
3	WILMSLOW RC	4	12	14	23	53	8	
4	SALE H MANCHESTER AC	1	24	31	33	89	7	
5	TRAFFORD AC	5	6	40	64	115	6	
6	STOCKPORT H & AC	15	20	38	53	126	5	
7	ALTRINCHAM & DISTRICT AC	17	28	56	78	179	4	
8	BRAMHALL RUNNERS	18	51	62	71	202	3	
9	MANCHESTER TRIATHLON	48	77	101	105	331	2	
10	HORWICH RMI HARRIERS	13	89	123	140	365	1	

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MANCHESTER AREA CROSS COUNTRY LEAGUE
2017/2018 TEAM POINTS & POSITIONS
MATCH FIVE – WYTHENSHAW PARK – 10 FEBRUARY 2018

VETERAN MEN – DIVISION TWO

<i>4 to score – max points 8 [best 4 from 5 to count]</i>							
1	SWINTON RC	25	35	63	66	189	8
2	VALE ROYAL AC	44	50	59	65	218	7
3	EAST CHESHIRE H & TAMESIDE AC	34	39	69	86	228	6
4	KNUTSFORD TRI CLUB	61	74	112	141	388	5
5	MANCHESTER H & AC	107	113	124	160	504	4
6	MACCLESFIELD H & AC	92	97	129	191	509	3
7	MARPLE RUNNERS	85	143	167	168	563	2
8	MANCHESTER YMCA HARRIERS	27	182	208	213	630	1

VETERAN MEN – DIVISION THREE

<i>4 to score – max points 12* [best 4 from 5 to count]</i>							
1	WEST CHESHIRE AC	10	41	52	55	158	12
2	ST HELENS TRI	22	36	46	94	198	11
3	BUXTON AC	9	49	67	118	243	10
4	SALFORD METROPOLITAN AC	80	87	116	117	400	9
5	STOCKPORT TRI CLUB	90	115	130	166	501	8
6	GOYT VALLEY STRIDERS	68	149	158	170	545	7
7	WINSTON RUNNERS	122	152	161	172	607	6

**points increased from 6 after Match Two*

VETERAN MEN – B TEAMS

<i>4 to score – max points 17* [best 4 from 5 to count]</i>							
1	SALE H MANCHESTER AC – B	47	54	60	98	259	17
2	SALFORD HARRIERS & AC – B	30	32	42	189	293	16
3	CHORLTON RUNNERS – B	26	58	93	136	313	15
4	BRAMHALL RUNNERS – B	72	79	82	102	335	14
5	WILMSLOW RC – B	37	75	99	126	337	13
6	STOCKPORT HARRIERS & AC - B	57	81	91	111	340	12
7	VALE ROYAL AC – B	73	108	120	148	447	11
8	MANCHESTER TRIATHLON – B	109	110	125	144	488	10
9	SWINTON RC – B	76	156	165	169	566	9
10	SALFORD METROPOLITAN AC – B	121	132	155	173	581	8
11	KNUTSFORD TRI CLUB – B	142	174	177	178	671	7
12	MARPLE RUNNERS – B	196	199	201	212	808	6

**points increased from 14 after Match Two.*

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MATCH FIVE – WYTHENSHAW PARK – 10 FEBRUARY 2018

VETERAN MEN – C PLUS TEAMS

<i>4 to score – max points 10* [best 4 from 5 to count]</i>							
1	BRAMHALL RUNNERS – C	103	106	128	131	468	10
2	STOCKPORT H & AC – C	119	127	134	138	518	9
3	SALE H MANCHESTER AC – C	114	135	145	190	584	8
4	CHORLTON RUNNERS – C	147	151	157	184	639	7
5	BRAMHALL RUNNERS – D	171	179	197	202	749	6
6	MANCHESTER TRIATHLON – C	181	187	194	195	757	5

SCORING IN THE EVENT OF A TIE

Where two teams score the same number of points, the team whose last counter finished closest to the winner takes the higher number of points. Taking the best 4 races (*for U11's the best 3 races*), if one team finishes higher 3 times, that team will win. If both teams finish higher twice, the positions of the last counting runners in each of the 4 races will determine the winning team. For vet teams the positions gained in the vet race are used.

Senior & Vet Teams: *The number of achievable points is determined by the number of competing teams. For example, if there were 12 Vet Mens B Teams in Match One, 12 is the number of points awarded to the first team. The number of points increased if the number of Clubs increased.*

PROMOTION / RELEGATION

*The bottom three teams from Division One will be relegated to Division Two
The top three teams from Division Two will be promoted to Division One
The bottom three teams from Division Two will be relegated to Division Three
The top three teams from Division Three will be promoted to Division Two*

AWARDS

DIVISION ONE TEAMS *Medals will be awarded to the top three Clubs in Division One irrespective of the number of qualifying teams.*

DIVISION TWO, THREE, B & C PLUS TEAMS *Medals will be awarded to the top three Clubs in Divisions Two, Three, 'B' and 'C Plus' depending on the number of qualifying teams, i.e. 10 or more qualifying teams = First, Second, Third; 6 to 9 qualifying teams = First, Second; 5 or fewer qualifying teams = First. In addition, awards will be given to the First placed Clubs in Divisions One, Two, Three, B and C Plus.*

WEBSITE: www.maccl.co.uk / **PHOTOS:** www.hsphotos.co.uk

TWITTER: [MACCL@ManAreaXC](https://twitter.com/MACCL@ManAreaXC)

All Results Queries:

email Brenda on: arnoldbradshaw@btinternet.com

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